

MHS Prep Summer Institute 2008

McLean High School

Overview of Institute: McLean High School is pleased to present our Summer Institutes for freshman and advanced studies students. Supported by the Teacher Leadership Development Grant through Fairfax County Public Schools, McLean teachers will be working with students in August to jump-start the year with fun and engaging sessions designed to provide students with better study skills, to acclimate students to a new level of learning and to meet other students with similar goals. There are two strand options available: MHS Prep (freshman only) and MHS Prep PLUS (10-12 grades). Each strand requires a \$45 registration fee payable to McLean High School. Financial assistance is available.

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MHS Prep Strand: Transition to McLean for Rising Freshmen

Description: *MHS Prep* will welcome rising ninth-graders to McLean and will provide invaluable hints that will help them succeed in high school. Topics include introduction to high school life, note-taking styles, time management, study skills and organization. While the goal is to learn how to be successful at McLean High School, there will also be many ice breaker activities to meet other students. All rising ninth-grade students are invited to register for this institute.

MHS Prep Strand: Summer Institute Agenda

	Monday, August 18	Tuesday, August 19	Wednesday, August 20	Thursday, August 21
11:45-12:00	Check-in	Check-in	Check-in	Check-in
12:00-12:15	Opening Session	Opening Session	Opening Session	Opening Session
12:15-1:15 Session 1	Introduction to McLean with building tour	Note Taking	Reading/Writing	Test Taking
1:15-1:45	Snack will be provided each day			
1:45-2:25 Session 2	Time Management using a Student Planner	Organization	Grading at McLean – Power of a Zero	What It Takes to be a Successful Freshman
2:25-2:35	Break			
2:35-3:05 Session 3	What to Do After 2	Health & Wellness	Student Panel	Institute Evaluation
3:05-3:15	Daily R&R (Recap and Reflect)	Daily R&R	Daily R&R	Closing Session R&R